



BrainLink and nib foundation are offering family members and friends of those caring for a person with an **acquired brain injury** in regional Victoria, an opportunity to participate in a one day **FREE** workshop.

Topics include:

**Making Sense of the Changes**

- Sharing Understanding of Brain Injury
- Exploring Responses and Reactions
  - Changed Roles

**Putting it All Together**

- Build Strategies
- Develop networks
- Look After Self

DATE: Wednesday 29th February 2012  
 TIME: 10.00am - 4.00pm  
 VENUE: Southern Way  
 181 Fairy Street  
 Warrnambool  
 RSVP: Friday 24th February 2012

To register your interest, or to discuss respite requirements, please contact Rachael at BrainLink Services on (03) 9845 2957 or email [resources@brainlink.org.au](mailto:resources@brainlink.org.au)



**FLEXYFOOT**



Flexyfoot has just become available in Australia and launched nationally at the Physiotherapy conference in Brisbane in October. Flexyfoot is an award winning product from the UK that replaces traditional rubber ferrules on walking sticks, crutches, pick up frames and shower stools. Using patented air sprung technology, Flexyfoot provides.

- Improved grip and stability on all terrains (wet surfaces, cambers, slopes)
- Shock absorbency to reduce impact forces through upper limbs
- 360 degree rotation of the 'foot' to reduce strain on the wrist joints
- Longer life, easy-to-change replacement 'feet'
  - Quiet, non-marking tread

Flexyfoot has been designed to help people of all ages and levels of fitness, sports people, the elderly, children and people with a disability, for both temporary and permanent requirements.

[flexyfoot.com.au](http://flexyfoot.com.au)

**NEW PHONE APP**



There is a new phone application (available on iPhone, blackberry and Android) that helps you find accessible parking spots

[parkingmobility.com](http://parkingmobility.com)

**MONEY HELP**

MoneyHelp is Free, confidential and independent financial information for Victorians experiencing difficulty paying their rent or mortgage or facing job loss .

[moneyhelp.org.au](http://moneyhelp.org.au)



**AUTISM AWARENESS AUSTRALIA**

Autism Awareness Australia is proud to announce a special premiere screening of our short documentary film

***“What are you doing?”***

at Parliament House in Canberra on Tuesday 28th February 2012

The evening will be hosted by television and narrator of the film Tom Gleisner, and is sponsored by the Parliamentary Secretary for Disabilities and Carers, Senator the Hon. Jan McLucas. We have invited all of Australia's sitting MP's and Senators to the screening in the Parliament House Theatre

**This is where we need you help!**

All of Australia's Federal Politicians will be in Canberra that evening and we want to encourage as many of them to attend as possible. We are asking the autism community, families and supporters across the nation to contact their own local member and urge them to come along to this important and educational film.

Here's how you can help!

- Contact your local member and Senator. @@@@
- Send them an email, call, fax or write a letter requesting they attend our special premiere. Share your personal experiences with them and urge them to take the time to learn more about ASD and the impact it has on our nation.
- Let us know the action you've taken and the response you receive!