

PARENT SUPPORT PROGRAM

Provides information and support to parents, carers of children with disabilities aged 0-18 years

Walk and Talk each Wednesday and Thursday at 10.00am. Meet at the Surf Club, Warrnambool.

Not in school holidays

- 8th Feb** **Hamilton Parent Support**
Café Gray, 109 Gray Street Hamilton
12noon to 2.00pm
Contact Rhonda 5571 2122
- 14th Feb** **Group Convenor's Meeting/Lunch**
11.30am
RSVP 10th February Ph. 5561 8111
- 16th Feb** **Portland Autism Support Group**
Portland Hospital Bentinck Street,
East Function Room (upstairs)
10.00am -12noon
Contact Betti 0409 211 590
- 17th Feb** **Warrnambool Autism Support**
Speaker: Human Services
- an opportunity to relay your experiences of ASD.
Mpower 71 Koroit Street Warrnambool
11.00am -12.30pm
Light lunch provided
RSVP attendance and childcare needs by Monday 13th February to Mpower 5561 8111
- 22nd Feb** **Mums Morning Coffee (Children aged 0-8)**
10.00am -11.00am
Kaotic Kids 153 Timor Street, Warrnambool
Coffee supplied. Children welcome.
Under 8 play for free.
On entry advise with Mpower.
- 23rd Feb** **Hamilton Parent Support**
Gilly's 106 Gray Street Hamilton
12noon-2.00pm
Contact Robyn 5573 3226
- 2nd Mar** **Autism, Asperger's and ADHD Seminar**
<http://www.communitysouthwest.com/event/s-a-conferences>

deaf Access

Improving access for deaf and hard of hearing people in the Barwon – South West Region

- 3rd Feb** Advisory Committee on Disability, Surf Coast
- 7th Feb** DHS Community Building Camperdown
- 15th Feb** Community Support Advisory Committee Warrnambool
- 28th Feb** State-wide Deaf access meeting
- 29th Feb** State-wide DHS access workers forum
DHS Melbourne

CARER SUPPORT PROGRAM

For people caring for someone aged 65+ or caring for someone with dementia of any age.

- 2nd Feb** **Hamilton Carer Support Group**
Carer's Victoria Workshop
2.00pm -4.00pm
Francis Hewitt Centre
- 9th Feb** **Terang Carer Support Group**
Mud brick building
11.00 -1.00pm
- 15th Feb** **Warrnambool Carer Support Group**
Southern Way, rear entrance
181 Fairy Street, Warrnambool
12noon -2.00pm
Light Lunch provided
Centrelink advisor - Guest speaker
- 9th Feb** **Casterton Carer Support Group**
Spill the beans café
11.00am – 1.00pm
Light lunch provided

ASD CASE CONSULTANT PRACTITIONER

Autism Communities of Practice

- 20th Feb** **Warrnambool**
Behaviour strategies
Mpower, 71 Koroit Street,
Warrnambool at 4.00pm -5.15pm
- 21st Feb** **Hamilton**
Behaviour Strategies
Community House,
Sedgwick Street, Hamilton at 4.00pm
- 22nd Feb** **Portland**
Strategies for Autism
Community House, Waratah Court
Portland 4.00pm -5.15pm

DISABILITY PROGRAMS

For further information and bookings please contact;

Deb Harman - 5561 8126
Sandy Joyce - 5561 8130
Jessica Boyle - 5561 8122

Active Oceans Rowing

See Mpower website for more information or contact Jessica on 5561 8122

Warrnambool and Hamilton Recreation Programs

For adults with disabilities:
Activities held monthly
Contact Deb on 55 618 126

Weekend Getaways

View dates at: News & Events
www.mpower.org.au
Contact Sandy on 55 618 130

Sibling Programs

For children who have siblings with disabilities
Contact Sandy on 5561 8130 or Jess on 5561 8122

School Holiday Program

Contact Deb on 5561 8126 or Sandy on 5561 8130