



Aged Support Services



Carer Support
Personal Support
Transport Services
deaf access

*enhancing abilities, supporting families,
strengthening communities*



Our Vision
*To be a leader in quality aged and disability
services enabling people to have meaningful
connections to their communities.*



South West Region



Mpower Inc. is accredited with the Quality Improvement Council on Australian Health & Community Service Standards



Mpower
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Introducing Mpower

Mpower is an accredited, community-based agency that has been servicing the South West Region of Victoria since 1975. The agency was initially established to meet the needs of families of children with disabilities in the Warrnambool region at a time when only institutional models and city based services were available. With a growing population and a fundamental belief that every person has a right to services that will enable them to lead a fulfilling life, **Mpower** is continually improving and growing its services to meet individual and family needs. The vision of **Mpower** is 'to be a leader in quality aged and disability services enabling people to have meaningful connections to their communities'. Our core values of respect, empowerment, quality and new learning guide our vision.

Personal Support

Mpower has a team of qualified and caring personal support workers that can provide support to individuals in their home or in the community.

Please note that 'Personal Support' is not a funded activity. Fees are applicable. These fees may be covered by funding from individual support packages.

Carer Support

Carers provide unpaid support to a family member or friend who needs assistance. **Mpower** provides a range of supports to carers of people who are frail aged (65+) or who have dementia. Carers can be family members or friends of any age. The program provides;

- Carer support groups
- Carer activities
- Respite, aids & equipment
- Workshops & information forums
- Short term case management
- Information & referral
- Carer support and counselling
- Service coordination

Information and Referral

Mpower staff can provide information and referral to a broad range of health and community support services (*including respite services*).

Community Transport

Volunteer drivers provide transport for people in the community who are disadvantaged or have disabilities to access health and community services.

deaf access

Information relating to deafness or hearing loss is provided for deaf and hard-of-hearing people, their families or carers, services that work with deaf and hard-of-hearing people and for the general community. Assists community organisations and services to work more effectively with deaf and hard-of-hearing people by raising awareness in the local community about the difficulties they experience and their needs.

Sturgeon View Holiday House

A holiday house specifically designed to cater for guests requiring special needs facilities is located in Dunkeld. The house is fully wheelchair accessible and is available for individuals and families.

Facilities

Meeting rooms are available for hire to community groups.

Monthly Newsletter

A newsletter detailing local news and events is available monthly.

**Contact us on (03) 5561 8111,
your enquiries are welcome.**

We provide a range of support services for those in our community who need understanding and support. We are a not for profit organisation focussing on the needs of our community.