



## Disability Support Services



### Introducing Mpower

Mpower is an accredited, community-based agency that has been servicing the South West Region of Victoria since 1975. The agency was initially established to meet the needs of families of children with disabilities in the Warrnambool region at a time when only institutional models and city based services were available. With a growing population and a fundamental belief that every person has a right to services that will enable them to lead a fulfilling life, Mpower is continually improving and growing its services to meet individual and family needs. The vision of Mpower is 'to be a leader in quality aged and disability services enabling people to have meaningful connections to their communities'. Our core values of respect, empowerment, quality and new learning guide our vision.

### South West Region



**Personal, Parent & Family Support**  
**Accommodation & Respite Care**  
**Transport Services**  
**Toy Library & Early Intervention Programs**

### Our Vision

**To be a leader in quality aged and disability services enabling people to have meaningful connections to their communities.**

*enhancing abilities, supporting families, strengthening communities*

Mpower Inc. is accredited with the Quality Improvement Council on Australian Health & Community Service Standards



**Mpower**  
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## Disability Services

### Active Oceans (ages 6+)

Provides recreational and sporting opportunities for people. Activities include surfing, snorkeling, fishing, sailing, rowing, walking and swimming.

### Information and Referral (all ages)

Mpower staff can provide information and referral to a broad range of health and community support services (including respite services).

### Community Transport (ages 18+)

Volunteer drivers provide transport for people in the community who are disadvantaged or have disabilities to access health and community services.

### Respite Programs (all ages)

Provides a range of respite programs for families of children, young people and adults.

- School Holiday Programs
- Weekend Getaways
- Respite Packages
- Flexible Respite

### Early Childhood Intervention Services (0-5 years)

A home and community-based early childhood intervention program for infants and children 0 to 6 years.

- Centre-based Play Programs
- Home Based Programs
- Developmental Assessments
- Flexible Support Program
- Helping Children with Autism
- Kindergarden Support & Consultancy
- Transition to School Programs
- Speech & Occupational Therapy
- Behaviour Support & Sensory Programs
- Family Service Coordination & Support

### Toy Library for Special Needs (all ages)

Provides information for parents and lends play materials and educational toys and equipment to facilitate the growth and development of infants and children. Borrowing is available for people of all ages.

## Facilities

Meeting Rooms are available for hire to community groups.

### deaf access (all ages)

Information relating to deafness or hearing loss is provided for deaf and hard-of-hearing people, their families or carers, services that work with deaf and hard-of-hearing people and for the general community. DAV assists community organisations and services to work more effectively with deaf and hard-of-hearing people by raising awareness in the local community about the difficulties they experience and their needs.

### Parent Support (0-18 years)

Offers support, information and assistance to parents and carers of infants, children and young people 0 to 18 years old.

- Parent Support Groups and Activities
- Workshops & Information Forums
- Individual Parent Support

### Sturgeon View Holiday House (all ages)

A holiday house specifically designed to cater for guests requiring special needs facilities is located in Dunkeld. The house is fully wheelchair accessible and is available for individuals and families.

### Personal Support (all ages)

Mpower has a team of qualified and caring personal support workers that can provide support to individuals in their home or in the community.


### Monthly Newsletter

A monthly newsletter details local news and events.

### Family Services (0-18 years)

Intensive family support is provided to families where either the children or the parents have a disability and there is an identified risk to family wellbeing.

**Contact us on (03) 5561 8111,  
your enquiries are welcome.**



**We provide a range of support services for those in our community who need understanding and support. We are a not for profit organisation focussing on the needs of our community.**